



ABOUT THIS COURSE

Strengthen your clinical confidence in myopia with the Myopia Management in Clinical Practice short course. This fully online program offers a targeted, evidence-based approach to assessing and treating myopia in children and adolescents.

Developed and delivered by experts in optometry and vision science, the course provides up-to-date knowledge and practical strategies you can apply immediately.

Explore key topics including myopia-related public health concerns, clinical assessment, and strategies to combat myopia such as pharmacological agents, spectacle and contact lenses, light therapies, and behavioural modification.

Designed for therapeutically qualified optometrists seeking to specialise or deepen their expertise in myopia, the course combines flexible online learning with expert insights and practical tools to enhance patient care.

DESIGNED TO

- Provide evidence-based strategies for managing myopia progression
- Strengthen clinical skills in myopia assessment and care
- Support a proactive, long-term approach to myopia management

FEATURES OF THIS SHORT COURSE

This remote course offers a flexible style of learning with:

- A five-week duration
- Self-paced independent learning
- Online modules and assessment
- Live webinar with opportunities to interact with experts

COURSE DATES

Commencing 6 October 2025

CPD ALLOCATION

Allocation pending



FEES

	AUS <small>(incl. GST)</small>	NZ <small>(excl. GST)</small>
ACO Member	\$850	\$765
Non Member	\$980	\$882

APPLICATIONS OPEN



Scan QR to apply
or head to:

<https://cutt.ly/MMCP-2025>



FURTHER INFO:

+61 9349 7477

cpd@aco.org.au

profession.aco.org.au/education



COURSE OVERVIEW

The Myopia Management in Clinical Practice comprises of four modules for course participants to work through over the course of five weeks.

Course content will cover:

- Myopia Epidemiology, Development and Future Considerations
- Clinical Assessment
- Myopia Control Strategies and Treatments
- Clinical Considerations in Myopia Management

COURSE MODULES

MYOPIA EPIDEMIOLOGY, DEVELOPMENT AND FUTURE CONSIDERATIONS

Tim Fricke, Associate Professor Lauren Ayton AM & Dr Alexandra Jaworski

Explore the foundations of myopia through topics such as visual development, epidemiology, and key risk factors. This module also examines inherited retinal disease-related myopia, adult-onset myopia, and syndromic presentations, providing insight into both common and complex myopic pathways.

CLINICAL ASSESSMENT

Dr Zeinab Fakih

Build your clinical confidence with a structured approach to assessing the potential myope. This module covers cycloplegic refraction, binocular vision evaluation, ocular health examination and ocular biometry, helping you interpret patient profiles and apply evidence-based methods in everyday practice.

MYOPIA CONTROL STRATEGIES AND TREATMENTS

Professor David Mackey AO, Professor Padmaja Sankaridurg, Dr Thomas Aller, Dr Rohan Hughes, Dr Nellie Deen & Associate Professor Ranjay Chakraborty

Gain a comprehensive understanding of current and emerging strategies to manage myopia progression. This module covers behavioural modification, spectacle and contact lens options, pharmacological agents and light-based therapies, alongside a review of new treatments and commercially available products.

CLINICAL CONSIDERATIONS IN MYOPIA MANAGEMENT

Tim Martin

Strengthen your approach to managing myopia by examining key clinical decisions throughout the treatment journey. This module covers monitoring progression, evaluating combination therapies, and navigating effective communication with patients and their families.